

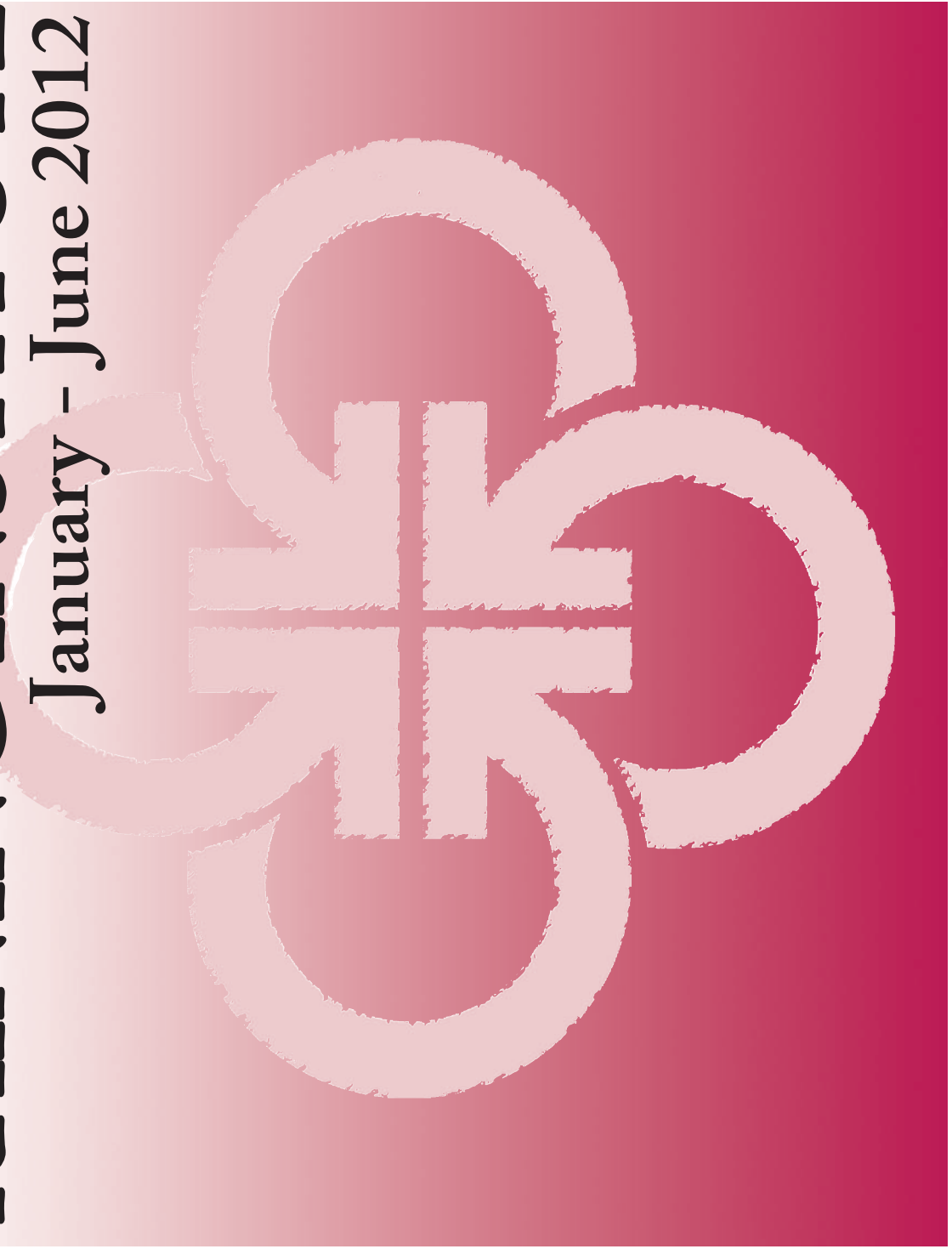
THE TRAINING INSTITUTE

January - June 2012



Gaudenzia Training Institute

106 W. Main Street
Norristown, PA 19401
www.gaudenzia.org





Over **40** Years
Of
Comprehensive Knowledge

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Gaudenzia Training Institute's

Mission Statement

Gaudenzia was founded in 1968 with the mission of teaching chemically dependent individuals to lead a drug free life, and to educate the public about chemical dependency and related conditions.

To further this goal, Gaudenzia has developed a training institute and opened it up to other treatment professionals and human service agencies. Thus, the goals of our training institute are:

To enhance the services provided to the chemically dependent and/or co occurring diagnosed individual through on-going education for treatment providers;

To share with the treatment community our knowledge and skills based on over 43 years of service for the chemically dependent, women and children, and and/or co occurring persons;

To assist drug and alcohol treatment professionals in obtaining state honored education and;

To make a contribution towards upholding the standards of treatment, through the on-going education of treatment professionals.

Acknowledgements

The Gaudenzia Training Institute has been developed by and maintained through the efforts of a core group of Gaudenzia Staff known as the Training Committee. They have identified the various areas of expertise represented among our staff of over 1000 and have compiled that knowledge into written, presentable formats. They are applauded for their hard work and dedication over the years.

To register
online

www.gaudenzia.org

(click on the training link)

Intended Audience

These courses are open to all Human Service and Health Care professionals. Each course description provides a brief statement regarding how individuals will benefit from the course. Course topics can be found for all levels of human service employees, including support staff, novice and experienced clinicians, health care and supervisory personnel.

PCB/BDAP/BOP/BOPC Approved for CAC Credits/Certificates

In keeping with the goals of this institute each eligible course has been approved by the Pennsylvania Chemical Abuse Certification Board, Bureau of Drug & Alcohol Programs, Maryland Board of Psychology, and Maryland Board of Professional Counselors. In addition, some courses meet DOC, ACA, and CBH credentialing requirements. Trainees will receive a certificate of completion at the end of each course which may be presented to PCB, BDAP, BOP, or BOPC.

Location

To provide access by employees in Pennsylvania, Maryland, Delaware and surrounding regions, courses are offered at six different locations. These locations include: Gaudenzia Corporate Office (Norristown), Gaudenzia New View (Harrisburg), Gaudenzia Gibson (Harrisburg), Temple University (Philadelphia), Gaudenzia Nelson Center (West Chester), and Gaudenzia Weinberg Center (Woodland). Training courses are offered at each site throughout the year. To find out where and when each course is offered refer to the course descriptions beginning on page 7. Directions to each training site can be found on page 4.

Hours/Meals

Unless otherwise indicated, the hours for each training session will be:

(6 hours)	9:00 AM to 4:00 PM
(4 hours)	9:00 AM to 1:00 PM

Coffee and refreshments will be provided. Lunch will not be provided

Trainers

Trainers for the courses are Gaudenzia staff members, BOPC, PCB, or State approved trainers who have successfully facilitated training sessions for Gaudenzia in the past and have expertise in the subject matter of the course.

Fees

The cost for each course can be found with the course description (see pages 7 through 14). All fees are due with the registration form (page 16).

policy statements

Directions: (7/18B means old exit 7B/ new exit 18B)

GAUDENZIA'S CORPORATE OFFICES (NORRISTOWN)
(610) 239-9600
106 W. Main Street, Norristown, PA 19401

From Points North Via PA Turnpike:

Exit at the mid-county exit (25/333 toward Philadelphia/Chester). Merge onto 476 South. Take first exit (7/18B Norristown). At the end of the ramp turn right onto Ridge Pike and follow Ridge Pike 2.5 miles into Norristown (Ridge Pike becomes Main Street). Once you cross Cherry Street, we are the second building from the corner on the left hand side. There is a parking garage that offers all day parking in the 100 block of East Main Street (1 1/2 blocks before you get to Gaudenzia). Additionally, there are metered and free two and four hour street parking spaces at select locations surrounding the building.

From Philadelphia and Points

East via Schuylkill Expressway (76):

Take 76 West to 476 North. Follow 476 North to exit (7/18B Norristown). Take Norristown exit (7/18B) and turn right at bottom of ramp. Turn right again at first light onto Ridge Pike. Take Ridge Pike into Norristown (Ridge Pike becomes Main Street). Once you cross Cherry Street, we are the second building from the corner on the left hand side. There is a parking garage that offers all day parking in the 100 block of East Main Street (1 1/2 blocks before you get to Gaudenzia). Additionally, there are metered and free two and four hour street parking spaces at select locations surrounding the building.

From Points West or South via PA Turnpike or Route 202:

Exit turnpike at exit 24/326 (Valley Forge). Follow 202 North through King of Prussia. Do not bear right at sign for 202 North (you will still be on 202). Turn right on Main Street (at Markley Square) and travel 1 1/2 blocks. We are the second building from the corner of Main and Cherry on the right hand side of the street. There is a parking garage that offers all day parking in the 100 block of East Main Street (1 1/2 blocks past Gaudenzia). Additionally, there are metered and free two and four hour street parking spaces at select locations surrounding the building.

TEMPLE UNIVERSITY CENTER CITY (PHILADELPHIA)
(215) 204-4357
1515 Market Street
Philadelphia, PA 19102

From Points South Via Interstate 95 North:

Take I-95 North to the VINE ST EXPY/I-676 W/US-30 W via EXIT 22 toward CENTRAL PHILADELPHIA. Get off the Vine Street Expressway at the PA-611/BROAD STREET/CENTRAL PHILA exit. When you come off the exit ramp you will be on 15th Street. Stay on 15th street for several blocks until you get to Market Street. Temple University's Center City Campus is in the building on your right hand corner. There are public parking garages and lots in the area within walking distance of the building.

From Points North Via Interstate 95 South:

Take I-95 South to the VINE ST EXPY/I-676 W/US-30 W via EXIT 22 toward CENTRAL PHILADELPHIA. Get off the Vine Street Expressway at the PA-611/BROAD STREET/CENTRAL PHILA exit. When you come off the exit ramp you will be on 15th Street. Stay on 15th street for several blocks until you get to Market Street. Temple University's Center City Campus is in the building on your right hand corner. There are public parking garages and lots in the area within walking distance of the building.

From Points West or South Via PA Turnpike or Route 202:

From 202 South or via PA Turnpike merge onto I-76 E via EXIT 326 toward PHILADELPHIA (Portions toll). Keep LEFT on I-76E to take VINE ST EXPY/I-676 E/US-30 E via EXIT 344 toward CENTRAL PHILADELPHIA. Get off the Vine Street Expressway at the PA-611/BROAD STREET/CENTRAL PHILA exit. When you come off the exit ramp turn right onto 15th Street. Stay on 15th street for several blocks until you get to Market Street. Temple University's Center City Campus is in the building on your right hand corner. There are public parking garages and lots in the area within walking distance of the building.

GAUDENZIA NEW VIEW (HARRISBURG)

(717) 221-9590

**1728 North 2nd Street,
Harrisburg, PA. 17102**

From Harrisburg:

From 2nd Street and Market Street, follow 2nd Street to 1728 North 2nd Street which is on the left. Off street parking is available.

From Philadelphia:

Take I-76 W toward PENNSYLVANIA TURNPIKE/ I-276 E/NEW JERSEY/HARRISBURG (Portions toll). Merge onto I-283 N via EXIT 247 toward HARRISBURG EAST/HARRISBURG/HERSHEY. Merge onto I-83 S via EXIT 3A on the LEFT toward HARRISBURG. Take EXIT 43 toward CAPITOL/2ND ST. Stay STRAIGHT to go onto S 2ND ST. Follow 2nd Street to 1728 North 2nd Street which is on the left. Off street parking is available.

GAUDENZIA WEINBERG CENTER

(BALTIMORE – WOODLAND)

3643 Woodland Avenue, Baltimore, MD 21215

From Points South Via Interstate 95 North:

Take I-95 North to I-83 North. Get off I-83 at the Cold Spring Lane West exit-exit 9B. Merge onto W COLD SPRING LANE. Turn RIGHT onto MD-140 / REISTERSTOWN RD. Turn LEFT onto WOODLAND AVE. End at 3643 Woodland Avenue.

From Points North Via Interstate 95 South:

Take I-95 South to I-495 South. Merge onto I-495 South via exit 11 toward PORT OF WILMINGTON / BALTIMORE. I-495 South becomes I-95 South (Toll). Merge onto I-695 West BALTIMORE BELTWAY OUTER LOOP toward TOWSON. Take the I-83 South/MD-25 exit – Exit 23A-B. Merge onto I-83 South via Exit 23A on the left toward Baltimore. Take the Spring Lane West exit-exit 9B. Merge onto W COLD SPRING LANE. Turn RIGHT onto MD-140 / REISTERSTOWN RD. Turn LEFT onto WOODLAND AVE. End at 3643 Woodland Avenue.

GAUDENZIA NELSON CENTER (WEST CHESTER)

(610) 399-6929

1030 S. Concord Road, West Chester, PA 19382

From Harrisburg & Lancaster:

Take the PA Turnpike East to Exit (23/312) (Downingtown). Take Route 100 South through the intersection of route 30 and continue straight—do not take the exit ramp for Route 100. If you continue straight you will merge onto Route 202 South. At the first traffic light on 202, which is Matlack Street, get in the left turn lane and turn left at the light (Kelly Sports, Fed Ex and Spaz Beverage will be on the corners). Follow the road; it will bend sharply to your left. Go to the bottom of the hill. Turn right onto South Concord Road at the stop sign. Go 1/3 of a mile. You will see the "Gaudenzia" sign on your right. Follow the driveway to the parking area.

From Philadelphia:

Take the Schuylkill expressway (76) West. Take the exit for West Chester (Route 202 South). Stay on 202 South until you come to the first traffic light which is Matlack St, get in the left turn lane and turn left at the light (Kelly Sports, Fed Ex and Spaz Beverage will be on the corners). Follow the road; it will bend sharply to your left. Go to the bottom of the hill. Turn right onto South Concord Road at the stop sign. Go 1/3 of a mile. You will see the "Gaudenzia" sign on your right. Follow the driveway to the parking area.

From Points South:

Take Route 202 North to Matlack Street (Kelly Sports, Fed Ex and Spaz Beverage will be on the corners). Make a right onto Matlack Street. Follow the road; it will bend sharply to your left. Go to the bottom of the hill. Turn right onto South Concord Road at the stop sign. Go 1/3 of a mile. You will see the "Gaudenzia" sign on your right. Follow the driveway

GAUDENZIA GIBSON HOUSE (HARRISBURG)

(717) 564-0231

907 Gibson Blvd., Steelton, PA 17113

From Philadelphia:

Take I-76 W (Portions toll). Merge onto I-283 N via EXIT 247 toward HARRISBURG EAST / HARRISBURG / HERSHEY. Merge onto I-83 S via EXIT 3A on the LEFT toward HARRISBURG. Take the 17TH ST exit, EXIT 44B. Turn LEFT onto PAXTON ST. If you reach RANDOLPH ST you've gone a little too far. Turn RIGHT onto S 19TH ST. South 19TH ST is just past DEAN ST. Turn LEFT onto GIBSON BLVD. GIBSON BLVD is 0.5 miles past CALEDONIA ST. Gibson House is on the left. The destination is 0.4 miles past UPS DR.

From Harrisburg:

Start out going NORTHWEST on N 2ND ST toward DELAWARE St. Take the 1st LEFT onto DELAWARE ST. If you reach PEPPER ST you've gone a little too far. Turn LEFT onto N FRONT St. Turn SLIGHT LEFT onto PAXTON ST. PAXTON ST is just past WASHINGTON ST. Turn RIGHT onto S 19TH ST. South 19TH ST is just past DEAN ST. Turn LEFT onto GIBSON BLVD. GIBSON BLVD is 0.5 miles past CALEDONIA ST. Gibson House is on the left.

Registration

DEADLINE: All registration forms and payments are to be sent to:

Gaudenzia Training Institute
106 W. Main Street
Norristown, PA 19401
or call/fax to:
610-239-9600 ext. 237
610-239-9324 Fax

Please make checks payable to **“Gaudenzia Foundation.”**

FORMS:

The registration form can be found on page 16. Copies of this form may be made. All forms must be printed and completed entirely. If any information is missing the registration form will be returned.

Forms must be received no later than 14 calendar days prior to the date of the training session. We recommend that you enroll your staff in relevant training sessions as soon as possible. Each registrant will receive a written confirmation by email and U.S. mail. Each course will be limited in the number of trainees it can accommodate, and registration will be closed when course capacity is reached.

WAITING LIST:

If you have attempted to enroll in a course that was full you will be placed on a waiting list for the session. If there is a cancellation you will be notified that you may attend.

Additional Information

If you require additional information regarding the Gaudenzia Training Institute please contact:

Leroy Cureton, Administrative Coordinator
Training Department
106 W. Main Street
Norristown, PA 19401
610-239-9600 ext. 237
610-239-9324 Fax

Written materials distributed during these courses are not to be reproduced for personal or professional use without the express written consent of Gaudenzia Foundation, Inc.

COURSE

DESCRIPTIONS

De-Escalation of Aggression

AudienceHealth &
Human Services Professionals
Capacity20
Length6 Hours
Cost\$128.00
Dates & Location: 1/23/12 • Corporation
2/1/12 • Gibson House
2/2/12 • Woodland
3/22/12 • Nelson
4/26/12 • Gibson House
5/25/12 • Temple
5/25/12 • Woodland

Through case studies, group discussion and role play this course will teach participants how to verbally and behaviorally diffuse situations that could otherwise result in confrontations and/or the use of physical force by individuals in health care and treatment settings. This course meets CBH Credentialing requirements and is PCB approved.

Course Goals include:

- Developing a clear understanding of your responsibility in the management of aggressive behavior in patients/clients;
- Developing a better understanding of the nature and dynamics of aggressive behavior in patients/clients;
- Recognizing the risks factors and signs of a situation that may need intervention;
- Understanding counter-aggression;
- Developing a repertoire of non-physical intervention techniques to be used in the management of aggressive behavior.

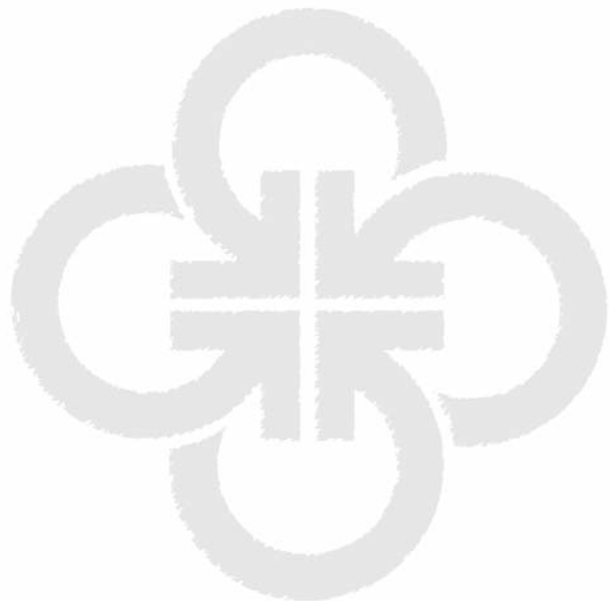
The Therapeutic Community: Principles & Philosophies

AudienceD&A Treatment Professionals
Capacity18
Length30 Hours: 5 Days
Cost\$525.00
Dates & Location: 2/6/12 - 2/10/12 • Nelson
2/13/12 - 2/17/12 • Gibson House
3/5/12 - 3/9/12 • Woodland
4/30/12 - 5/4/12 • Nelson
5/21/12 - 5/25/12 • Gibson House
6/25/12 - 6/29/12 • Nelson
7/9/12 - 7/13/12 • Woodland
8/6/12 - 8/10/12 • Gibson House
8/20/12 - 8/24/12 • Nelson
9/17/12 - 9/21/12 • Woodland
11/5/12 - 11/9/12 • Gibson House
11/26/12 - 11/30/12 • Woodland
12/10/12 - 12/14/12 • Nelson

Through didactic and experiential learning this course teaches the basic philosophies and techniques of the Therapeutic Community treatment environment. With the use of written materials, lecture, role play and group exercises, instructors lead training participants through the experience of the TC environment, stimulating a thorough understanding of its impact.

Course Goals Include:

- Understanding the TC and what makes it effective;
- Identifying the differences between the TC and other treatment modalities;
- Learning the tools of treatment and how to adapt them to any population;
- Understanding the power of group process and maximizing its impact;
- Using continuing care to prevent relapse.



Clinical Record Keeping

Audience D&A Treatment Professionals
Capacity 15
Length 12 Hours: 2 Days
Cost \$233.00
Dates & Location: 1/25/12 - 1/26/12 • Corporation
2/9/12 - 2/10/12 • Gibson House
3/15/12 - 3/16/12 • Woodland
4/19/12 - 4/20/12 • Corporation
5/10/12 - 5/11/12 • Gibson House
6/14/12 - 6/15/12 • Woodland

Beginning with a focus on the new client in treatment, this course teaches the counselor to perform a thorough assessment, obtain a complete psychosocial history, and begin treatment planning and the creation of a client file. Participants gain hands-on experience in interviewing, writing and treatment planning.

Course Goals Include:

- Breaking down communication barriers, and obtaining information from even the most resistant client;
- Writing a concise psychosocial history;
- Writing a relevant, measurable treatment plan;
- Compiling and maintaining a client file, and understanding how to use it.

Cognitive Behavioral Counseling

Audience Health & Human Services Professionals
Capacity 15
Length 6 Hours
Cost \$128.00
Dates & Location: To be Announced

This course is designed to provide all Healthcare and Human Services Professionals gain an understanding that cognitive behavioral interventions are based on the simple principle that thinking (an internal behavior) controls our actions (external behavior). Therefore, by teaching clients to focus on the content of their thinking, they can take charge of their lives, and lead more effective lives, as well as change their antisocial beliefs to pro-social ones.

Course Goals Include:

- Developing a clear understanding of Cognitive Self-Change – We take charge of our lives and lead more effective lives by taking control of our ways of thinking;
- Introducing the basic concept of cognitive-restructuring – our thinking controls our behavior;
- Learning to teach clients to critically examine their own thoughts;
- Learning to teach clients the connection between their thoughts, related feelings/emotions and their behavior;
- Identifying irrational beliefs and how to challenge them;
- Exploring new “cognitive skills” to assist in basic decision making and problem solving.

Infection Control

Audience Health & Human Services Professional
Capacity 20
Length 6 Hours
Cost \$128.00
Dates & Location: 1/23/12 • Gibson House
1/23/12 • Woodland
1/30/12 • Nelson
3/5/12 • Temple
3/19/12 • Gibson House
3/19/12 • Woodland
5/22/12 • Woodland
5/30/12 • Corporation

This course explores the presence of infectious disorders and teaches information and techniques to enhance awareness and prevent the spread of infections in a health care and/or treatment setting. This course meets CBH Credentialing requirements and is PCB approved.

Course Goals Include:

- Identifying the most common sources of infections and routes of transmission;
- Learning simple techniques to prevent the spread of infectious diseases;
- Understanding the pathogens involved in spread of infection;
- Identifying the connection between life style issues such as addiction and the prevalence and spread of infections;
- Exploring the prevention and treatment for infectious diseases.

Group Counseling

Audience Treatment Professionals
Capacity 12
Length 12 Hours: 2 Days
Cost \$233.00
Dates & Location: 1/25/12 - 1/26/12 • Woodland
2/9/12 - 2/10/12 • Corporation
3/20/12 - 3/21/12 • Woodland
4/12/12 - 4/13/12 • Corporation
4/17/12 - 4/18/12 • Gibson House

This course gives the experienced counselor a broader understanding of group dynamics, staff's role in group, and counseling techniques for group counseling. In addition to lecture and written material, this course uses group exercises to increase knowledge and skill.

Course Goals Include:

- Understanding the roles played by group members and how to address each role;
- Recognizing various types of groups and understanding when to use each type;
- Teaching the importance of a strong group leader and when, why and how the leader should intervene;
- Learning to evaluate the effectiveness of groups.

Homophobia in the Treatment Setting

Audience Treatment Professionals
 Capacity 20
 Length 6 Hours
 Cost \$128.00
 Dates & Location: 1/27/12 • Temple
 3/16/12 • Gibson House
 3/26/12 • Woodland
 4/6/12 • Corporation
 6/25/12 • Woodland

This course examines some of the hostility that can be shown by people towards homosexuals in the treatment setting. Homophobia ranges in intensity from mild to acute forms; it feeds on the initial premise that homosexuality will eventually bring catastrophe to our society. This course concentrates on the acceptance of the treatment provider towards alternative life styles and how the myths can be dispelled.

Course Goals Include:

- Sorting out myths and realities that can lead to greater self-awareness;
- Having treatment providers gain an understanding of the relationship between substance abuse and the social and psychological pressures of homosexuality;
- Exploring some of the societal beliefs about homosexuality;
- Sharing different perspectives and attitudes about alternative life styles;
- Understanding what it might feel like being gay in today's society;
- Helping others to trust this population.

Ethics

Audience Health & Human Services Professionals
 Capacity 20
 Length 6 Hours
 Cost \$128.00
 Dates & Location: 2/17/12 • Corporation
 3/2/12 • Woodland
 5/4/12 • Gibson House
 5/4/12 • Temple
 6/1/12 • Woodland
 TBA • Gibson House

This course offers an in depth analysis of ethical behavior in a field fraught with unethical possibilities. In addition to lecture and written materials, participants role play a variety of situations which often lead to unethical behavior.

Course Goals Include:

- Heightening awareness of the myriad of unethical behaviors treatment professionals can fall victim to;
- Assisting in the understanding of the professional's own feelings and belief systems;
- Teaching individuals how to deal with inappropriate client/family requests;
- Assisting individuals in recognizing and addressing the unethical behaviors of others.

Tuberculosis & Sexually Transmitted Diseases

Audience Health & Human Service Professionals
 Capacity 25
 Length 4 Hours
 Cost \$128.00
 Dates & Location: 1/27/12 • Corporation
 1/27/12 • Gibson House
 3/1/12 • Nelson
 4/5/12 • Gibson House
 5/11/12 • Corporation

This course is designed to provide participants with knowledge on tuberculosis and sexually transmitted diseases. The participant will gain knowledge on recognizing symptoms of various diseases, modes of transmission, prevention and treatment measures.

Course Goals Include:

- Learning the history of tuberculosis;
- Identifying the types of common sexually transmitted diseases;
- Understanding the transmission of tuberculosis and sexually transmitted diseases;
- Exploring the epidemiology of tuberculosis and sexually transmitted diseases;
- Learning treatment and prevention measures.

Managing Workplace Violence

AudienceHealthcare & Human Services Professionals
Capacity20
Length6 Hours
Cost \$128.00
Dates & Location: 3/5/12 • Corporation
3/12/12 • Woodland
4/16/12 • Gibson House
6/1/12 • Temple

This course is designed to provide Healthcare and Human Services Professionals with both a comprehensive overview of workplace violence in all its forms, as well as, a cluster of preventive and reductive strategies to enhance staff security and safety.

Course Goals Include:

- Defining the 4 types of Workplace Violence;
- Identifying and discussing characteristics of likely victims and perpetrators of Workplace Violence;
- Identifying “Triggering Events” and volatile situations that often lead to Workplace Violence;
- Learning when and how to report violent threats to police, security, supervisors and/or administrative staff;
- Exploring effective methods and strategies for diffusing hostility and aggression in the Workplace;
- Demonstrating how to defuse hostility and aggression in the workplace in a series of realistic scenarios.

Introduction to Counseling

AudienceTreatment Professionals
Capacity12
Length6 Hours
Cost \$128.00
Dates & Location: 2/8/12 • Corporation
3/1/12 • Gibson House
5/1/12 • Corporation
6/5/12 • Gibson House
TBA • Woodland

This course uses lecture and role play to teach the basic theories of counseling and create a skill base for entry-level clinicians. Counseling theories include Rogerian, Gestalt, Glaser’s Reality therapy, etc. Participants are assisted with creating an eclectic approach to counseling sessions.

Course Goals Include:

- Facilitating an understanding of the theories of behavior and related counseling techniques;
- Affording clinicians the opportunity to try different types of counseling techniques;
- Assisting clinicians in developing a personal counseling style with which they feel comfortable.

Suicide Prevention

Audience . . . Health & Human Services Professionals
Capacity 20
Length 6 Hours
Cost \$128.00
Dates & Location: 2/3/12 • Temple
3/2/12 • Gibson House
3/13/12 • Woodland
4/2/12 • Nelson
5/9/12 • Gibson House
5/18/12 • Woodland
6/26/12 • Corporation

This course is designed to help professionals recognize risks and warning signs of suicidality in a health care setting. The participant will also gain an understanding of the demographics, cultural factors, and belief systems linked to suicide, as well as gain knowledge of effective interventions to reduce and prevent actual suicide attempts. This course meets CBH requirements and is PCB approved.

Course Goals Include:

- Exploring the incidence of suicide, including demographic characteristics and cultural factors;
- Identifying issues and indicators that increase the risk for overt self-destructive behavior;
- Discovering effective techniques for intervention with the individual who may be suicidal;
- Learning important communication skills and techniques for early intervention and prevention of attempts;
- Learning when and how to safely refer an at-risk client for psychiatric evaluation.

HIV/AIDS

Audience . . . Health & Human Service Professionals
Capacity20
Length6 Hours
Cost \$128.00
Dates & Location: 1/31/12 • Nelson
2/8/12 • Gibson House
3/9/12 • Temple
5/10/12 • Corporation
5/29/12 • Gibson House

This course educates participants regarding the nature of HIV/AIDS, preventive measures and working with infected individuals. Course materials are continuously updated to provide the most recent findings regarding demographics, treatment and other pertinent issues.

Course Goals Include:

- Providing an understanding of the connection between substance abuse and HIV disease;
- Increasing knowledge about HIV disease, transmissions, progression and symptoms, methods of prevention, risk reduction and health promotion;
- Learning how to assist clients in making a personal decision of whether to take the HIV anti-body test.

Overview of Substance Abuse

AudienceTreatment Professionals
Capacity20
Length12 Hours; 2 Days
Cost \$233.00
Dates & Location: 2/14/12 - 2/15/12 • Nelson
5/15/12 - 5/16/12 • Nelson

This course is designed to help participants gain an understanding of the major drugs of abuse and their biological, psychological, and social effects on an individual.

Course Goals Include:

- Exploring the magnitude of the substance abuse problem; including demographics;
- Identifying the five stages in the continuum of drug abuse;
- Listing three criteria for identification of substance dependence using DSM IV criteria;
- Learning the effects different substances have on the biological, psychological, and social components of individuals.

Gender Specific Treatment for Chemically Dependent Pregnant/Parenting Women and their Children

Audience . . .Health & Human Services Professionals
Capacity20
Length12 Hours
Cost \$233.00
Dates & Location: 1/18/12 - 1/19/12 • Gibson House
1/24/12 - 1/25/12 • Nelson
2/14/12 - 2/15/12 • Woodland
3/20/12 - 3/21/12 • Gibson House

This two-day course is designed to introduce participants the concept of gender-specific treatment, and provide a basic understanding of the challenge of working with women and their children. Participants will gain an overview of the complexity of this population, and take with them techniques that have proven to be successful.

Course Goals Include:

- Learning the history of women and children's treatment;
- Identifying various medical concerns, risks, and complications of substance abusing women;
- Exploring the ramifications of domestic violence as a means to exert power and control over women and children;
- Understanding sexual and emotional trauma;
- Identifying and learning to use effective techniques in gender-specific treatment.

Relapse Prevention

AudienceTreatment Professionals
Capacity20
Length6 Hours
Cost \$128.00
Dates & Location: 1/26/12 • Temple
2/8/12 • Woodland
3/6/12 • Gibson House
4/12/12 • Nelson
5/8/12 • Woodland
6/22/12 • Gibson House

Using written materials, lecture and group exercise, this course will provide participants with a thorough understanding of the dynamics of relapse.

Course Goals Include:

- Understanding the contributing factors to relapse;
- Recognizing the warning signs;
- Developing appropriate continuing care treatment plans;
- Learning to counsel clients effectively regarding relapse;
- Designing relapse prevention plans.

Conflict Resolution

Audience . . .Health & Human Services Professionals
Capacity15
Length6 Hours
Cost \$128.00
Dates & Location: 1/27/12 • Nelson
2/14/12 • Gibson House
3/13/12 • Park Heights
5/14/12 • Gibson House

This interactive workshop will introduce participants to the dynamics of conflict and lay the foundation for turning conflict into constructive conversation. Attending professionals will develop strategies needed to respond more effectively to conflict with co-workers and clients. The workshop format will include lecture, interactive exercises and group discussions.

Course Goals Include:

- Gaining a knowledge of conflict and resolution strategies that work;
- Learning how to “get a grip” on our own anger and emotions;
- Learning how to respond to others’ anger;
- Developing constructive conflict communication skills.

CPR/First Aid

Audience . . .Health & Human Service Professionals
Capacity20
Length4 Hours
Cost \$128.00
Dates & Location: 2/16/12 • Nelson
2/21/12 • Gibson House
3/14/12 • Woodland
4/16/12 • Corporation
5/16/12 • Gibson House
6/13/12 • Woodland
6/22/12 • Nelson

This course teaches individuals the necessary skills to respond to various emergencies, up to and including, life threatening situations that may occur in a variety of different settings. Accordingly, at the completion of the course, individuals will be certified by the American Safety and Health Institute for two years in CPR and three years in First Aid.

Course Goals Include:

- Learning how to recognize and respond to cardiac arrest, respiratory arrest, choking, and other emergencies;
- Learning how to administer Cardio Pulmonary Resuscitation;
- Learning how to provide Heimlich Maneuvers;
- Learning how to administer first aid for injuries.

Pennsylvania Client Placement Criteria

Audience Treatment Professionals
Capacity25
Length6 Hours
Cost \$20.00
Dates & Location: 2/13/12 • Nelson Center

This course examines the use of the Pennsylvania Client Placement Criteria (PCPC) tool, purpose of the PCPC, the six dimensions of the PCPC, the four levels of care, types of service, PCPC format, and application. There will be a follow up 3 hour practical applications to the PCPC training after each event. This is a state requirement.

Course Goals Include:

- Gaining a comprehensive understanding of the PCPC tool;
- Gaining a comprehensive understanding of the intake, continued stays and discharge process;
- Developing an understanding of “continuum of care.”

Confidentiality

AudienceD&A Treatment Professionals
Capacity25
Length6 Hours
Cost\$20.00
Dates & Location: 2/2/12 • Nelson
2/27/12 • Woodland
4/30/12 • Woodland

Through written materials, lecture and case study this course presented by a BDAP trainer teaches the D&A professional the legal and ethical issues surrounding confidentiality. Appropriate for all levels of staff, this course ends with a series of exercises designed to address the practical matters associated with protecting each client's right to confidentiality. At completion of the course participants will receive a Pennsylvania Department of Health certificate. There will be a follow up 3 hour practical applications to the Confidentiality training after each event. This is a state requirement.

Course Goals include:

- Learning federal and state laws regarding D&A treatment and HIV/AIDS;
- Understanding how to deal with a variety of practical situations, such as probation officers;
- Understanding the importance of confidentiality.

Culturally Sensitive Treatment

AudienceTreatment Professionals
Capacity20
Length12 Hours: 2 Days
Cost\$233.00
Dates & Location: 1/30/12 - 1/31/12 • Gibson House
2/9/12 - 2/10/12 • Woodland
3/12/12 - 3/13/12 • Nelson
4/19/12 - 4/20/12 • Gibson House
4/19/12 - 4/20/12 • Woodland
5/17/12 - 5/18/12 • Corporation

An experiential course designed to heighten the treatment professional's awareness of his/her own cultural framework through which he/she relates to clients. While role playing a variety of treatment situations with different types of clients, the participant identifies his/her own attitudes, beliefs and biases, and recognizes the impact on the client.

Course Goals Include:

- Developing an understanding of the impact of culture on behavior;
- Learning to recognize the difference between culturally dictated behavior and dysfunctional behavior;
- Understanding how culture impacts on interactions;
- Aiding the treatment professional in identifying his/her own cultural framework and preventing its independence

Communicating with Referral & Funding Sources

AudienceHealth & Human Services Professionals
Capacity25
Length6 Hours
Cost\$128.00
Dates & Location: 3/16/12 • Corporation
6/1/12 • Corporation

This course is designed to teach professionals the importance of effective communication with referral and funding sources. Through lecture and role playing, the professional will experience real situations that may occur during communicating with referral and funding sources. Case scenarios are extrapolated and utilized based upon actual referral source surveys conducted by Marketing Departments. Accordingly, the workshop examines the process of marketing, referrals, and consumer admission cycle.

Course Goals include:

- Defining Marketing: Internal & External;
- Defining managed care and learn the referral & funding sources throughout different counties and states;
- Developing interpersonal skills to effectively communicate with referral & funding sources;
- Discovering how to eliminate road blocks that disable consumers from accessing/maintaining funding for treatment.

Hepatitis C/HIV Co-Infection

AudienceHealthcare & Human Services Professionals
 Capacity25
 Length6 Hours
 Cost\$128.00
 Dates & Location: 2/27/12 • Gibson House
 3/23/12 • Nelson

This training covers the transmission and treatment of Hepatitis C & HIV, and more importantly, issues specific to having both infections concurrently. Testing, biopsy, effective treatment and therapy are discussed. Additionally, drug and alcohol abuse, and their effect on co-infection and relapse are discussed. Case studies and a live interview are featured.

Course Goals include:

- Developing a working knowledge of Hepatitis C and HIV infection transmission and prevention;
- Gaining a knowledge of testing and diagnosis of both infections;
- Learning the trends in transmission, treatment and prevention;
- Exploring options and outcomes and their effects on general health and prognosis;
- Learning issues surrounding herbal remedies, transplant, and addiction and recovery.

Introduction to Pharmacology

AudienceTreatment Professionals
 Capacity25
 Length6 Hours
 Cost\$128.00
 Dates & Location: 4/23/12 • Gibson House
 4/30/12 • Corporation

A basic background of how drugs work, and how they effect the brain, provides a foundation for this workshop. Thus, participants will receive an overview of Alcohol and other Drugs of Abuse. Particular attention will be placed on what drugs are currently being used on the street, both locally and regionally, how they are being used, desired effect and side effects of each, withdrawal and protracted withdrawal syndrome, and prevention and treatment issues.

Course Goals Include:

- Identifying the basic categories of the drugs of abuse;
- Describing the mechanism of action of these drugs of abuse;
- Discussing the acute and post-acute withdrawal symptoms associated with alcohol and other drugs of abuse(A&DA);
- Defining terms such as Abuse, Addiction, Dependence, Physical Dependence.

Co-Occurring Disorders

AudienceHealth & Human Services Professionals
 Capacity20
 Length12 Hours; 2 Days
 Cost\$233.00
 Dates & Location: 2/28-2/29/12 • Nelson
 4/2/12 - 4/3/12 • Woodland
 4/9/12 - 4/10/12 • Gibson House
 5/23/12 - 5/24/12 • Corporation
 6/7/12 - 6/8/12 • Woodland
 6/19/12 - 6/20/12 • Gibson House

This course introduces participants to co-occurring disorders and is designed to enhance their ability to assess and treat the co-occurring population. During the training period, participants will be able to define, identify, be familiar with, and list key features and characteristics of individuals having co-occurring disorders. Essentially, participants will leave the training with a comprehensive overview of the complexity, and unique treatment issues and approaches for working with persons with co-occurring disorders.

Goals:

- Defining addictive, psychiatric, and co-occurring disorders;
- Defining mental illness and learn the warning signs in adults;
- Gain a basic understanding of the neurological impact of addiction on the brain and its relationship to co-occurring disorders;
- Learning how to use the Diagnostic and Statistical Manual of Mental Disorders (DSM);
- Identifying methods, models and best practices for the assessment and treatment of co-occurring disorders;
- Gaining a basic understanding of the role of psychotropic medication in the treatment of mental illness;
- Identifying the unique needs and characteristics of persons with co-occurring disorders, and the impact on access and coordination of services.



registration form

Registration Deadline: The deadline to register for any course is 14 calendar days prior to the scheduled date of training.

Cancellation Policy: Cancellations received at least 7 calendar days prior to the seminar are refundable, less a \$10.00 per person administrative service charge. (There is a two week waiting period for a refund.)

Please print clearly or type

Name _____

#Years of Experience in Field _____

Credentials _____

Title _____

Agency _____

Address _____

City _____ State _____ Zip _____

Phone () _____

Fax () _____

e-mail: _____

Course Title _____

Date(s) of Training _____

Training Location _____

PAYMENT is due with registration Cost of Training \$ _____

Credit Card _____ Visa _____ Mastercard

Card#: _____ Exp: ____/____

Signature: _____

Check or Money Order made payable to "Gaudenzia Foundation."

Mail to: Attn: Training Department
Gaudenzia, Inc.
106 W. Main Street, 3rd Floor
Norristown, PA 19401

or call/fax to:
Leroy Cureton at:
(610) 239-9600 ext. 237
(610) 239-9324 fax

For more information about
Gaudenzia and the Training Institute
log onto www.gaudenzia.org or
contact Leroy Cureton,

Administrative Coordinator
Phone: 610-239-9600 ext. 237
Fax: 610-239-9324

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We would like to acknowledge and thank all of the members of the Training Institute Committees, and instructors for their support in this endeavor.

If you would like to be added to the mailing list for brochures, announcements, and discounts, or for any address changes; please email Danielle King at dking@gaudenzia.org or send a letter to:

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